



**IPRO ESRD Network of the Ohio River Valley — Empowering More than 34,500 Renal Patients in 3 States**



End-Stage Renal Disease  
Network of the Ohio River Valley

[network9.esrd.ipro.org](http://network9.esrd.ipro.org)

# Provider Insider

AN ELECTRONIC NEWSLETTER FOR RENAL CARE PROFESSIONALS

**September 2020**

The Provider Insider is a monthly electronic newsletter for Renal Care Professionals that provides general information, upcoming events, and educational resources that are beneficial to both patients and providers within the ESRD community we serve.

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## **Our Hearts are with the ESRD Community.**

During this unprecedented time in our country, we would like to take a moment to extend our sincere condolences to our ESRD family for the passing of patients and healthcare workers in our community. No one ever has the right words to say. We just want to say you are in our hearts, prayers — and we thank you for the care you provided during this healthcare crisis.

- Understanding Peer Mentoring
- Transient Patient Clean Up >30 Days
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### Upcoming Events

See what's happening this [month](#).

“Save The Date” [special announcement](#) for The ESRD Network of the Ohio River Valley.

### Alerts and Recalls

Visit the [KCER Coalition website](#) for the latest alerts and recalls.

## COVID-19 Resources for Patients and Professionals

COVID-19 resources can be accessed on the Network website by clicking on an icon below.



## Announcements and Updates



### ESRD Network Technical Assistance

*The below CMS announcement is to provide Dialysis Facilities additional information about ongoing targeted Technical Assistance efforts by the ESRD Networks.*

As the COVID-19 pandemic continues, ESRD Networks are being tasked by CMS to provide

targeted technical assistance to slow and stop the spread of COVID-19 in the dialysis population. This technical assistance is focused on infection control and may include training, education, and dissemination of guidance or other focused assessment. ESRD Networks are using a data-based methodology to determine where to focus their efforts. This includes a review of doubling days for dialysis COVID-19 cases, hotspot data, and information from local health departments.

We appreciate your efforts as we continue to work together on COVID-19 efforts and ask for your continued engagement in ongoing ESRD Network activities to slow and stop the spread of COVID-19 in the dialysis population.

Please review the [CMS Checklist for Dialysis Facilities](#) in COVID-19 Hotspots for a summary of key actions dialysis facilities should take when there is a surge or resurgence of COVID-19 cases in their community.



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## September is National Preparedness Month

Is your facility prepared for Multiple Emergencies?

Now is the time to do a high level overview of your facility's Emergency Preparedness:

- Review your Communication Plan
- Update Staff contact lists
- Educate your patients on how to communicate with facility staff during an emergency
  
- Do you update facility voicemail when the facility is closed?

Now is the time to review your Facility's Closed/Altered Status reporting responsibilities. If you need assistance please reach out to network staff.

- Does your facility have a designated Disaster Contact listed in CROWNWeb?
- Does your facility have a Disaster Contact Backup listed in [CROWNWeb](#)?
- Does your staff know how to report facility closure/alterd Status to the Network?
- Does your staff know how to report closed/alterd status to the State Department of Health?

Dialysis staff and patients are encouraged to visit the [Kidney Community Emergency Response \(KCER\) Coalition website](#) for detailed emergency preparedness resources.

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### Know All the Details: COVID-19 Status Communication Form

During the COVID pandemic there has been increased stress on improving communication between facilities that share patients to ensure a smooth transition of care. This is especially important for facilities who have large groups of patients in close proximity to one another such as skilled nursing facilities (SNF) and dialysis facilities. In an effort to cohort and triage patients as quickly as possible [The National Forum of ESRD Networks](#) has created a [COVID-19 Status Communication Form](#) specifically for symptoms and test dates that can be utilized by staff at the SNF and dialysis facilities to ensure continuity of care and the safety of all staff and patients.

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### National Immunization Awareness Month (NIAM)

This annual observance highlights the efforts of dialysis healthcare professionals to protect patients of all ages against vaccine-preventable diseases through on-time vaccination. During NIAM, the IPRO ESRD Network Program encourages dialysis facilities to ensure that patients are up to date on recommended vaccines. Research has consistently shown that healthcare professionals are the most trusted source of vaccine information for parents and patients.

Use NIAM as an opportunity to access Centers for Disease Control and Prevention (CDC) educational resources like the [#HowIRecommend](#) video series, which offers simple and practical guidance for having successful vaccine conversations with parents and patients. These short videos demonstrate how to make effective vaccine recommendations, address common vaccine questions, and take a team-based approach to vaccination.

#### Quick Facts:

- Every year, thousands of adults in the United States become seriously ill and are hospitalized because of diseases vaccines can help prevent. Many adults even die from these diseases.
- Adult vaccination rates are low in the United States. Most adults are not aware that they need vaccines.

- Adults with chronic conditions like diabetes or heart disease are at greater risk for severe complications from certain vaccine-preventable diseases.
- Some vaccine-preventable diseases, like flu, can make glucose control more difficult for diabetics or increase the risk of another heart attack for those with heart disease.

## Patient Services



### What is a Grievance?

According to the Centers for Medicare & Medicaid Services, a grievance is defined as follows: "A written or oral communication from an ESRD patient, and/or an individual representing an ESRD patient, and/or another party, alleging that an ESRD service received from a Medicare-certified provider did not meet the grievant 'expectations with respect to safety, civility, patient rights, and/or clinical standards of care.'"

A grievance is any concern or issue that a patient may have about the care they receive from their dialysis facility. Patients, family members, and/or care partners who have concerns about a facility may submit a grievance. They may request an investigation of a complaint about a possible risk to the health, safety, or well-being of a patient.

Please see the [Kidney Chronicles](#) patient publication that should be provided to patients for their support.

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## Patient and Family Engagement (PFE) in the COVID-19 Landscape

COVID-19 has changed the way dialysis facilities interact with patients. But, it has also redefined the way patients interact with each other. Peer Mentorship is a crucial piece to raising affinity between patients and improving the quality of their care. Peer Mentorship, resource sharing, and in-person patient support groups have all had to be re-imagined due to the presence of COVID-19 in the dialysis landscape.

The ESRD Network Program is working with both facilities and patients to learn more about challenges and barriers to virtual engagement, as well as how best to support the improvement of care for patients in this new social environment. Resources for facilities and patients on engagement best practices will be developed in collaboration with Patient Subject Matter Experts over the coming months.

Each year, the ESRD NCC hosts four NPFE-LAN groups, called Affinity Groups, focused on specific areas of dialysis and transplant care. The groups meet monthly by webinar (phone and/or computer) to share experiences and discuss ways to improve the quality of care for kidney patients and meet the Centers for Medicare & Medicaid Services (CMS) quality improvement goals. [Here is a link to newly released resources to help patients stay connected to their care.](#) Click the caret beside each Affinity Group to reveal the list of resources. Please share these with staff and patients in the facility.



## The COVID-19 Mental Health Toolkit

Recently, the NCC finalized the [COVID-19 Mental Health toolkit](#) for healthcare providers. Networks provided input on the content of the toolkit that supports dialysis facilities as they work with the dialysis community composed of patients, caregivers, and staff.

The toolkit provides reference materials regarding mental health, as well as best practices on dissemination of the resources. Telehealth is discussed, and how the facility can use this alternative platform.

The toolkit assists facilities with creating their own mental health strategy for their patients, caregivers and staff with an emphasis on encouraging staff to connect with outside resources to stay up to date with new resources, treatments, and best practices.



## Understanding Peer Mentoring

The [Peer Mentoring Program](#) seeks to empower End-Stage Renal Disease (ESRD) patients to continue to strive in their treatment and daily lives. The day-to-day hardships and stressors of dialysis can take a toll both physically and mentally on a patient. Peer mentoring provides additional support from individuals that have progressed through similar experiences. Peer Mentors provide parallel experiences and offer patients access to someone who can understand their concerns.

The IPRO ESRD Network Program provides an interactive online peer mentoring training program to provide patients with the necessary tools to become effective peer mentors. This program in collaboration with Network resources and facility social worker support can lead to the following goals:

- Improving patients' access to support services and educational resources
- Enhance patients' goal setting and decision making skills
- Develop patient self-management skills
- Increase patients' ability to manage their complex illness

Click [here](#) to access the IPRO E-University Peer Mentoring Training.



## Transient Patient Clean Up: Please Ensure There are No Transient Patients >30 Days at Your Facility

The Centers for Medicare & Medicaid Services (CMS) transient patient policy indicates that a patient is transient if he/she is treated at a unit for less than 30 days OR less than 13 treatments. A transient patient that stays at a unit for more than 30 days or more than 13 treatments must be counted as a permanent patient. The facility must record the permanent admission date as the date of the first treatment. Please click [here](#) for more information on how to change the status.

## Quality Improvement Initiatives



### Its Influenza Vaccination Time!

With Autumn rapidly approaching, it is time for dialysis facilities to identify the number of Influenza vaccination doses required and order them accordingly. It is recommended that all adults receive an influenza vaccine by the end of October. Influenza vaccines are known to cause an elevation in temperature. Elevated temperature is a measure used to screen for COVID 19. **Vaccinations are recommended to be administered on the last dialysis treatment day of the week, either Friday or Saturday to prevent irregularities in the pre-treatment screening process.**

The COVID-19 pandemic has caused healthcare providers to change how they operate to continue to provide essential services to patients. Ensuring immunization services are maintained or reinitiated is essential for protecting individuals and communities from vaccine-preventable diseases and outbreaks and reducing the burden of respiratory illness during the upcoming influenza season. A collection of federal resources designed to guide vaccine planning during the COVID-19 pandemic can be found [here](#).

The attached [Vaccination Toolkit](#) from The National Forum of ESRD Networks is a great staff refresher course on the specifics of vaccinating ESRD patients.



## Explore New Non Surgical Fistula Options

In the past there have been dialysis patients who have been deemed ineligible for vascular access surgery because they were not cleared by the Anesthesiologist or Cardiologist. With advancements in creation of arteriovenous fistula (AVF) creation there may be new options for those patients. A non-surgical procedure has been developed that will allow medically fragile patients the option to remain awake during the minimally invasive procedure to create an AVF.

The Network is asking that Nephrologists identify any vascular surgeon groups that may be utilizing this new procedure and refer patients for a reevaluation.

Please view the EverlinQ Endo [AVF creation video](#).



## Thank you for Promoting Transplant as a Treatment Option

After a drop of kidney transplants during the months of April and May at the beginning of the COVID-19 pandemic in the US, kidney transplants have come back to normal rates in much of the nation. The United Network for Organ Sharing (UNOS) has made this [data dashboard](#) available, showing that kidney transplantation is back to the normal average of ~450 transplants per week as of August 2020. In addition, rates of patients previously inactivated from the transplant waitlist due to COVID-19 precautions have been minimized to 2% (14) patients this month at a national level.

The ESRD Network thanks you for your commitment in continuing these efforts. As a result of your work, there has been a total of 852 patients in our region that have been added to the transplant waitlist from January-July 2020, which represents a 2.15% of our total population. However, even with this improvement, living donor transplants continue to be lower than 2019 historical values. We encourage you to focus education efforts on living donation alternatives, such as [paired exchange](#) programs!

To further support your work in educating patients about transplant through these difficult times, the [ESRD National Coordinating Center \(NCC\)](#) has prepared a patient educational tool: 11 Things You Can Do to Get Ready for a Kidney Transplant During COVID-19.

Please review these resources and share with your patients:

- 11 Things You Can Do to Get Ready for a Kidney Transplant During COVID-19 Handout ([English](#) | [Spanish](#))
- 11 Things You Can Do to Get Ready for a Kidney Transplant During COVID-19 [Video](#)

For other additional transplant resources, visit our website [here](#).



### Telehealth is Here to Stay in Home Dialysis

The Centers for Medicare & Medicaid (CMS) has advocated for the increased use of telehealth with home dialysis patients throughout the pandemic to offer a safe and effective way for patient's to discuss their care with healthcare providers. After the patient has transitioned to home for 3 months, CMS allows a home modality facility the option to conduct two out of three clinic visits via telehealth. The desired outcome of a telehealth visit with the interdisciplinary team is to keep patients and care partners comfortable in their own homes providing continuity of care without the additional risk associated with travel or exposure to adverse health concerns.



In response to the CMS recommendations to promote and sustain the use of telehealth in home modality clinics, the IPRO ESRD Network Program has developed a patient and provider checklist focused on preparing for a successful home dialysis telehealth visit. We have also assembled a comprehensive toolkit to educate you on using the tools as well as provide additional information.

The patient and provider toolkits contain a recorded rollout presentation and resource guide for you to learn about the tools. Specific informational fact sheets and clinic checklists have been developed to streamline and improve processes.

Provider Resources (listed below) will focus on the benefits of telehealth, tips to engage patients, considerations for success and guidance to make telehealth a permanent part of your daily program.

- [Telehealth Provider Fact Sheet](#)

- [Telehealth Provider Checklist](#)
- [Resource Guide](#)
- [Recorded rollout](#)

Companion Patient Resources will provide tips for set up, general guidelines and a checklist to serve as a guide to compile successes, challenges, findings and needs to share with the dialysis team.

## Contact Us



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