Staying Safe While at Dialysis

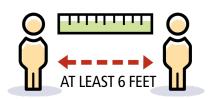
Here are some tips on how to adapt to changes both in and outside of the dialysis facility to help keep you and your fellow patients safe from COVID-19.





Mask Wearing: It is important to wear your mask (AT ALL TIMES) when in the facility to help keep others safe. "Protecting you, protecting me!" (Follow your state's masks mandates.)

Social Distancing: Patients are no longer allowed to congregate in common areas or stand within a short distance of each other. (COVID-19 is spread through droplets that stay in the air after an infected person speaks, coughs or sneezes.)





Handwashing: Wash your hands both before and after treatment. Try to maintain good hygiene practices with your vascular access points (fistula, graft and catheter).

Caregivers Restricted in Some Facilities: If you are usually accompanied by your caregiver, try using a social application on your mobile phone. Some examples are *What's App, Facetime, Google Meets,* and *Google Hangout*. This will allow you to have face-to-face interaction with your caregiver, so you can feel less alone during treatment.





Treatment Time Changes: Most facilities have created extra shifts for COVID-19-positive patients. Treatment times may be changed or shortened to help facilities make these adjustments.

If you have questions about your facility or to file a grievance, please contact your local ESRD Network:

IPRO End-Stage Renal Disease Network of New England (CT, MA, ME, NH, RI, VT)

1952 Whitney Avenue, 2nd Floor, Hamden, CT 06517

Patient Toll-Free: (866) 286-3773

Main: (203) 387-9332 • Fax: (203) 389-9902

E-mail: esrdnetwork1@ipro.us
Web: network1.esrd.ipro.org

IPRO End-Stage Renal Disease Network of New York (NY)

1979 Marcus Avenue, Lake Success, NY 11042-1072

Patient Toll-Free: (800) 238-3773

Main: (516) 209-5578 • Fax: (516) 326-8929

E-mail: esrdnetwork2@ipro.us
Web: network2.esrd.ipro.org

IPRO End-Stage Renal Disease Network of the South Atlantic (GA, NC, SC)

909 Aviation Parkway, Suite 300, Morrisville, NC 27560

Patient Toll-Free: (800) 524-7139

Main: (919) 463-4500 • Fax: (919) 388-9637

E-mail: esrdnetwork6@ipro.us
Web: network6.esrd.ipro.org

IPRO End-Stage Renal Disease Network of the Ohio River Valley (IN, KY, OH)

3201 Enterprise Pkwy., Suite 210, Beachwood, OH 44122

Patient Toll-free: (844) 819-3010

Main: (216) 593-0001 • Fax: (216) 593-0101

E-mail: <u>esrdnetwork9@ipro.us</u> Web: <u>network9.esrd.ipro.org</u>

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End-Stage Renal Disease Network Program The IPRO End-Stage Renal Disease Network Program, ESRD contractor for Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont (NW1), New York (NW2); Georgia, North Carolina, South Carolina (NW6) and Ohio, Indiana and Kentucky (NW9) developed this material under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. CMS Contract Numbers: NW1: HHSM-500-2016-00019C; NW2: HHSM-500-2016-00009C