

# Do your patients know about home treatment options?



## HOME DIALYSIS...

### Peritoneal Dialysis (PD)

#### PD Benefits in Brief

**Needle-free.** A catheter is used for treatments.

**Portable.** Patients aren't confined to one place for treatment.

**Flexible.** Patients can choose treatment times that fit their needs and lifestyle.

**Freedom.** Patients can eat and drink more of what they enjoy.

**Kidney Function.** PD may extend patients' remaining kidney function longer than would standard hemodialysis.

### Home Hemodialysis (HHD)

#### HHD Benefits in Brief

**More Energy.**

More dialysis = patients feeling better.

**More Control.**

Allows patients to eat, drink, and have visitors during treatments.

**Better Access.**

Lasts longest when patients place their own needles.

**Better Survival.**

Patients may live just as long as if they received a deceased donor kidney transplant.



### What types of support would the dialysis facility provide?

- One-on-one training is provided to patients until they feel comfortable and confident dialyzing at home.
- Home nurse support is provided 24/7.
- Lab work and evaluations performed through monthly visits at the home facility.
- Home nurse assistance with organizing the home to accommodate dialysis treatment supplies.

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End-Stage Renal Disease  
Network of New York

<http://network2.esrd.ipro.org>

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## HOME DIALYSIS... continued

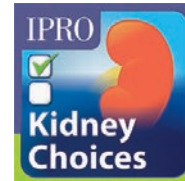
### Why should home dialysis be considered?

#### More flexibility with treatment times and daily life schedules

- PD and HHD are travel-friendly
- Patients may be able to follow a more normal diet with less restrictions
- Better control of blood pressure
- Patients may be able to reduce medications
- Less stress on the heart and may reduce post-dialysis recovery time
- More energy, both mentally and physically
- Ability to work or continue school
- Ability to manage self-care
- Less transportation concerns to and from the dialysis clinic
- Increased chance of receiving a transplant

### How can you share home dialysis information with your patients?

- Share the Network's Peritoneal and Home Hemodialysis brochures with dialysis patients upon discharge. Materials can be found here: <https://network2.esrd.ipro.org/home/provider/qia/hometherapies>
- Refer patients to their attending physician for more information or for answers to their questions.
- Share the **Kidney Choices** app, a tool to help patients and their healthcare teams select the treatment option that is right for them. Track diagnostic tests, clinician appointments and medications.



Available on the App Store and on Google Play.



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