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## TRANSPLANT SELECTION AND LIVING DONOR CRITERIA

### TRANSPLANT SELECTION CRITERIA

Every transplant center has a list of criteria to determine your eligibility for a transplant. UC Health Transplant aims to give all patients the best chance to receive a kidney transplant by giving our due diligence for each patient's evaluation. The criteria listed below are meant as a reference, but we encourage each patient to contact us to be evaluated and tested individually to ensure every patient is given the best opportunity to receive a kidney transplant.

The Transplant Center will not proceed to do a work-up if you have:

- Severe Atherosclerosis
- Severe Dementia/Neurological Deficit
- Limited Life Expectancy

You will have to go through additional tests and screening if you have:

- Physical Disability with Severe Limitation
- Lung Disease
- Tobacco Use
- Age
- Cancer
- Hepatitis B
- Non-compliance with Medical Treatment
- Malnutrition
- BMI Out of Normal Range
- Active Infection
- Cardiac Disease
- Financial Barriers
- History of Cancer
- Undocumented Legal Status
- Cirrhosis Liver Disease
- Substance Abuse
- Tuberculosis
- Refusal to accept Blood or Blood Products

### TRANSPLANT CRITERIA FOR LIVING DONORS

Every Transplant Center provides a minimum health standard a potential organ donor must meet to be considered as a living donor candidate.

**A Potential Living Donor Candidate Must Be...**

- In Good Physical and Mental Health
- 18 years of age or older

- Free of the Following:
  - Uncontrolled High Blood Pressure
  - Diabetes
  - Cancer
  - Hepatitis B
  - Organ Disease
  - Infectious Diseases
  - Significant heart or lung disease

### ADDITIONAL TRANSPLANT PROGRAM INFORMATION

Average Patients added to the Transplant Wait List for Kidneys Each Year

**179\*\***

Average Number of Appointments Needed to Complete Transplant Work Up

**1**

Does the Transplant Center have Outreach Facilities that May be Closer to my Home?

**Yes\***

\* See coordinator for additional information

Average Number of Transplants Performed Every Year

**178\***

Can I refer myself to the transplant center for consideration?

**Yes**

What other transplant centers share the same list for kidneys?

Children's Hospital Medical Center  
The Christ Hospital

Average Wait Time for a Transplant

**11 months\***

\* Dependent on blood type - See coordinator for additional information

\*As reported by the Scientific Registry of Transplant Recipients Program Summary  
 \*\*As reported by United Network for Organ Sharing - Five Year Average

### AVAILABLE SUPPORT PROGRAMS

✓ Assistance with Scheduling Work-up Appointments

✓ Pre-Work Up Transplant Education

✓ Peer Mentors for Support Through the Process

✓ Information/ education on donor options i.e. living donation, donor registries and paired exchange

✓ Living Donor Support: Social Media Campaign - Champion Program

✓ Parking Reimbursement - Reduced Rate Parking - Free Shuttles

✓ Free or Low Cost Housing for Overnight Procedures