



# COVID? ...FLU? ...COLD? ...ALLERGY? "How can I tell the difference?"

## GUIDELINES FOR DETERMINING SYMPTOMS

Symptoms	COVID-19	Flu	Common Cold	Allergies
Fever greater than 102°	X	X		
Moderate temperature			X	
Cough	X	X	X	
Shortness of breath	X			
Head and body aches	X	X	X	
Loss of Taste or smell	X			
Sore throat	X	X	X	
Nasal Congestion	X	X	SOMETIMES	SOMETIMES
Nausea and/or vomiting	X	X		
Fatigue	X	X		
Stuffy nose/runny nose		X	X	X
Post-nasal drip			X	
Sneezing			X	X
Plugged-up ears				X
Tickle in back of throat				X
Seasonal symptoms				X

**If you have questions about your facility or to file a grievance, please contact your local ESRD Network:**

**IPRO End-Stage Renal Disease Network of New England (CT, MA, NH, RI, VT)**  
 1952 Whitney Avenue, 2nd Floor, Hamden, CT 06517  
 Patient Toll-Free: (866) 286-3773  
 Main: (203) 387-9332 • Fax: (203) 389-9902  
 E-mail: [esrdnetwork1@ipro.us](mailto:esrdnetwork1@ipro.us)  
 Web: [network1.esrd.ipro.org](http://network1.esrd.ipro.org)

**IPRO End-Stage Renal Disease Network of New York (NY)**  
 1979 Marcus Avenue, Lake Success, NY 11042-1072  
 Patient Toll-Free: (800) 238-3773  
 Main: (516) 209-5578 • Fax: (516) 326-8929  
 E-mail: [esrdnetwork2@ipro.us](mailto:esrdnetwork2@ipro.us)  
 Web: [network2.esrd.ipro.org](http://network2.esrd.ipro.org)

**IPRO End-Stage Renal Disease Network of the South Atlantic (GA, NC, SC)**  
 909 Aviation Parkway, Suite 300, Morrisville, NC 27560  
 Patient Toll-Free: (800) 524-7139  
 Main: (919) 463-4500 • Fax: (919) 388-9637  
 E-mail: [esrdnetwork6@ipro.us](mailto:esrdnetwork6@ipro.us)  
 Web: [network6.esrd.ipro.org](http://network6.esrd.ipro.org)

**IPRO End-Stage Renal Disease Network of the Ohio River Valley (IN, KY, OH)**  
 3201 Enterprise Pkwy., Suite 210, Beachwood, OH 44122  
 Patient Toll-free: (844) 819-3010  
 Main: (216) 593-0001 • Fax: (216) 593-0101  
 E-mail: [esrdnetwork9@ipro.us](mailto:esrdnetwork9@ipro.us)  
 Web: [network9.esrd.ipro.org](http://network9.esrd.ipro.org)

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**End-Stage Renal Disease Network Program**

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