

# Living Donor Transplant: Your Best Option.



## How is a kidney from a living donor better than one from a deceased donor?

### Kidney from a Deceased Donor

- Kidney may last 10–15 Years
- Kidney needs to be a match
- It can take years to get a transplant
- Being called for a transplant cannot be scheduled or planned
- The longer you wait for a transplant the more health issues may occur
- It is harder to get a future transplant

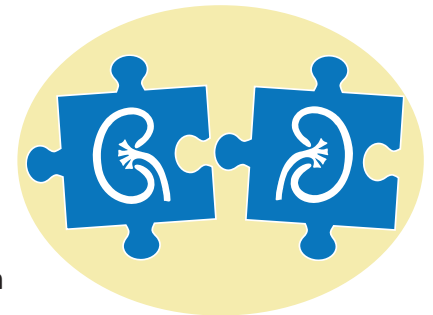
### Kidney from a Living Donor

- Kidney lasts longer: 15–20 Years
- Donor does not need to be a match if using a paired exchange program
- Transplant can happen in a year or less
- Your transplant can be scheduled when it works best for all involved
- The sooner you are transplanted the sooner your health will improve, which will lengthen your life span
- After a living donation, it may be much easier to match you for another transplant in the future

## Facts About Living Donation that May Surprise You

- **You do not need to ask anyone for their kidney.** Most times the request for a kidney donation can be done indirectly by using social media or other methods to network within your community for folks to learn about your need. There are also programs where someone can act on your behalf and put the word out about your need for a transplant.
- **It will not cost the donor money to give you a kidney.** Your health insurance will cover all the donor's healthcare costs and there are also programs that cover additional costs such as lost work time, childcare expenses, and travel for the donor.

- **Your donor will not have more health risks after donating a kidney.** A person can live with one kidney their entire life without any problem. Also, donors are screened before the procedure to make sure there are no issues that could affect their kidney in the future if they donate.



- **Donor recovery time is less than most common hernia surgeries.** Approximately two weeks to normalcy—six until they can lift.
- **Your donor will not need to be a match to you.** There are programs which can help you find a match even if your donor is not a match. All you need is one donor candidate whose health will allow them to complete the workup.
- **You can go for a workup without having a living donor and then find a donor after you're listed!**
- **There is no stated age limit to donate.** It is more about the donor's health and ability to undergo the procedure.



# Living Donor Transplant: Your Best Option. (continued)

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## Want to learn more?

Call your nearest transplant center at \_\_\_\_\_  
to discuss the possibility of getting a living donor transplant.

### Helpful link:

<https://exploretransplant.org/basics-of-kidney-disease/living-donation>

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**To file a grievance, please contact us:**

### **IPRO End-Stage Renal Disease Network Program**

#### **Corporate Office:**

1979 Marcus Avenue, Lake Success, NY 11042-1072 • Patient Services: (516) 231-9767  
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### **End-Stage Renal Disease Network Program**

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