



# Is it the Flu? A Cold? Allergies? Or COVID 19?

## — A Guide to Symptoms —

As we prepare for colder weather and are gathered indoors with others, this guide can be used to help assess the likelihood of these symptoms being signs of the flu, a cold, allergies or COVID-19.

Symptom	COVID-19	Flu	Common Cold	Allergies
Fever higher than 102	X	X		
Moderate temperature			X	
Cough	X	X	X	
Shortness of breath	X			
Head and body aches	X	X	X	
Loss of taste or smell	X			
Sore throat	X	X	X	
Congestion	X	X	X	
Nausea/ vomiting	X	X		
Fatigue	X	X		
Stuffy nose/runny nose		X	X	X
Postnasal drip			X	
Sneezing				X
Plugged-up ears				X
Tickle in back of throat				X

**Notes:**



**End-Stage Renal Disease  
Network Program**

**To file a grievance, please contact us:**

**IPRO End-Stage Renal Disease Network Program**

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Developed by the IPRO ESRD Network Program while under contract with the Centers for Medicare & Medicaid Services.  
Contract # 75FCMC19D0029 Publication # ESRD.IPRO-G3-NW-20220922-130 v.1a 10/27/2022

IPRO, the End-Stage Renal Disease Organization for the Network of New England, Network of New York, Network of the South Atlantic, and Network of the Ohio River Valley, prepared this material under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. CMS Contract Number: 75FCMC19D0029. CMS Task Order Numbers: 75FCMC21F0001 (Network 1), 75FCMC21F0002 (Network 2), 75FCMC21F0003 (Network 6), 75FCMC21F0004 (Network 9).