



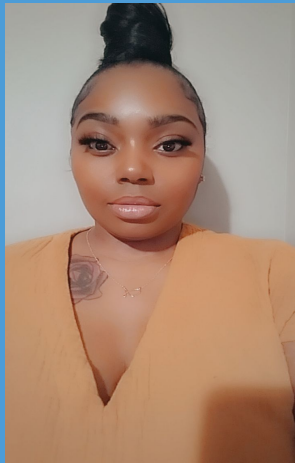
End-Stage Renal Disease
Network Program

Patient Facility Representative (PFR) Alliance Meeting

July 6, 2023



Patient and Family Engagement Program Team



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Today's Agenda



**Meeting
Reminders**



PFR Check-In



Call Restructuring



**Home Modalities
for Older Adults**



**Closing
Remarks**



Meeting Reminders

- All phone lines are muted upon entry to eliminate background noise/distractions
- We will be monitoring Chat throughout the meeting for questions or comments
- All slides will be shared within a week of completion of the meeting

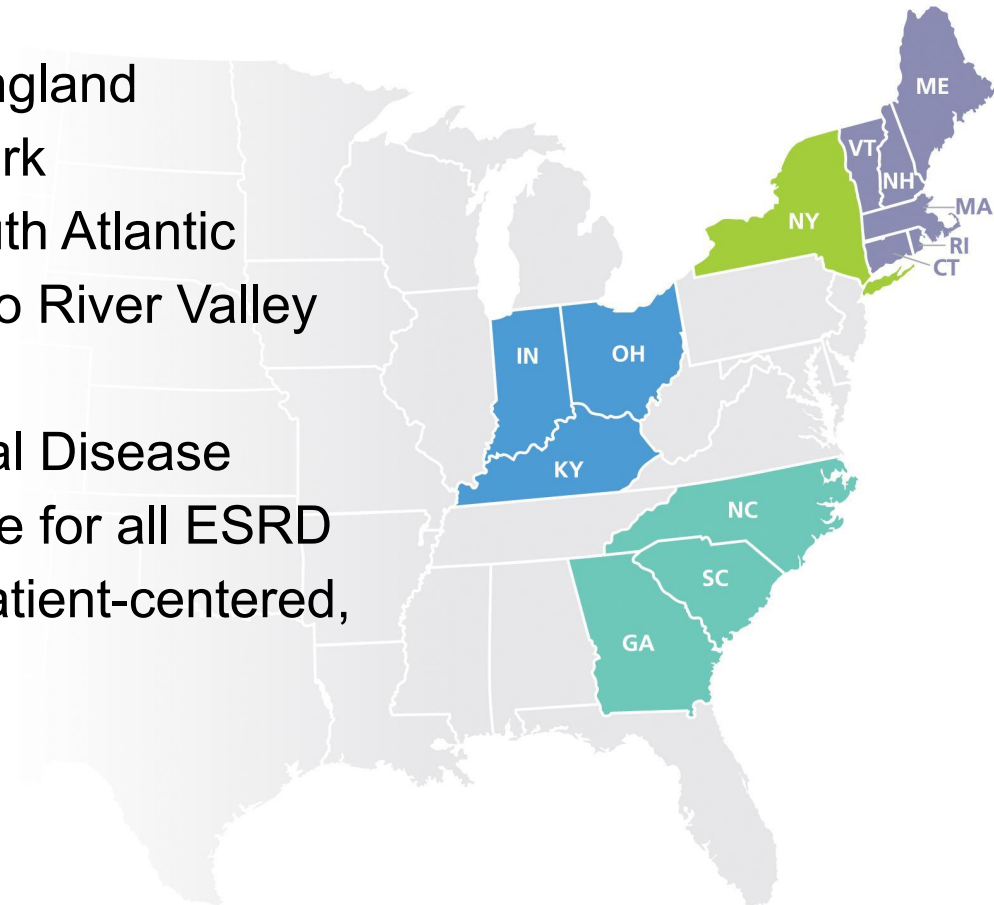


**Welcome to Our
July Meeting!**



IPRO ESRD Network Program

- The IPRO End-Stage Renal Disease Network Program includes four ESRD Networks:
 - Network 1: ESRD Network of New England
 - Network 2: ESRD Network of New York
 - Network 6: ESRD Network of the South Atlantic
 - Network 9: ESRD Network of the Ohio River Valley
- The mission of the IPRO End-Stage Renal Disease Network Program is to promote healthcare for all ESRD patients that is safe, efficient, effective, patient-centered, timely, and equitable.





Network Check-In

- **Which Network are you from?**
 - Network 1 (Connecticut, Massachusetts, Maine, New Hampshire, Rhode Island, Vermont)
 - Network 2 (New York)
 - Network 6 (North Carolina, South Carolina, Georgia)
 - Network 9 (Indiana, Kentucky, Ohio)



Call Restructuring



Call Restructuring

In order to make these calls the most beneficial to you as PFRs and us as the Network, the following changes will occur moving forward:

1. QI Initiatives
 - We want to bring more quality improvement to these meetings to teach you, as PFRs, how to aid in quality improvement at your facility.
2. Action Items
 - After each meeting, you will leave with “action items” to take back to your center to try out. This could be sharing a resource, getting feedback on a topic, or participating further in a work group.



Polling!

Which of the following meeting times works best for you?

1. Morning (9-12pm)
2. Afternoon (12-3pm)
3. Evening (3-5pm)
4. None
5. Other

Bringing Home Dialysis to Older Adults

Michelle Prager MSW, LSW

QI Lead

Why Home Dialysis?



Patient Benefits-Improved Quality of Life

More frequent dialysis- more like natural kidney function

- Better clinical outcomes
- Ability to flex treatment time for work and continue school
- Ability to travel, portable machines
- Allows for more time to socialize with family and friends
- Fewer diet and fluid restrictions
- Increased patient control of treatment
- Possibly take fewer medications
- Shorter post-dialysis recovery time
- Increased energy levels
- More likely to receive a kidney transplant
- Fewer dialysis complications- nausea, cramping, decreased blood pressure fluctuation- FEEL BETTER

No one takes better care of you than you- any patient can do this!!

Clinical Benefits of Home Dialysis Treatment Options



Normal functioning kidneys work 168 hours a week vs. In-Center treatments of 12 hours a week on average

Improved Clinical Outcomes

- Ability to achieve higher Kt/V
- Symptom reduction of co-morbid states, sleep apnea, restless legs, improved cardiac output
- Slow, continuous fluid removal is gentler on the heart
- Improved blood pressure control

Improved Mortality Rates

- Increased frequency of dialysis lowers mortality rates
- Less stress on the heart

Lower Healthcare Costs

- Fewer infections
- Decreased hospitalizations

Home Dialysis with Older Adults

Benefits and Challenges to Older Adults on Home Dialysis



There is an increase in the number of older adults that are diagnosed with chronic kidney disease that are progressing to kidney failure.

With this increase, there are more older adults going on dialysis.

Some benefits to older adults on home dialysis:

- Better control of fluid balance
- Flexibility in dialysis sessions for lifestyle activities and caregiver support needs
- Better quality of life

Some challenges to older adults on home dialysis:

- Physical limitations
- cognitive limitations
- Caregiver burnout

Proposed Challenges and Solutions



Challenges

- Negative perceptions or biases that older adults can't do home dialysis
- Concerns about burden of treatment
- Caregiver stress and burnout from assisting with the dialysis

Solutions

- Education answering questions that older adults may have related to home dialysis
- Starting slower with home dialysis and extending training if needed
- Develop a long term plan to support caregivers with resources

Working with the Network



Ideas on How Facility Staff Can Help

1. Why do you think older patients tend to shy away from home dialysis?
2. What can facility staff do to increase confidence in older adults for home therapies?
3. How can we change our education process to reach older adults?



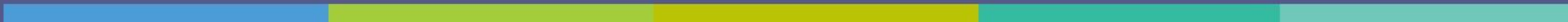
Peer Mentors

1. How can patients change their approach when talking with older adults about home dialysis?
2. Any training technique ideas for home therapies that may help older adults on home?
3. Any resources that may help older adults on home dialysis?

Questions? Comments?



Next Steps





Next Steps

- **Monthly Support Group has been discontinued**
- **Follow** us on social media!
 - **Join** the PFR Alliance Facebook Group
<https://www.facebook.com/groups/ipropralliance>
- **Create** your IPRO Learn Account <https://esrd.iprolearn.org/login/index.php/>
- **Save the Date:** August 3, 2023 for next PFR Alliance Call!
- **Participate** in a call with Network staff and CMS to share your experience as a PFR, address issues impacting your facility and peers, and offer recommendations on how to improve patient care - volunteers needed each month!
- **Become** a Peer Mentor:
 - Understand the steps <https://esrd.ipro.org/patients-family/pfe/peer-mentoring/>
 - Register online: <https://redcap.ipro.org/surveys/?s=CJMXNF9DNR>
 - Have questions?
 - Review the Frequently Asked Questions resource
<https://esrdncc.org/globalassets/peer-mentoring-operational-toolkit/14pmlmsfaq508.pdf>



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- [IPRO ESRD Patient Facility Representative \(PFR\) Alliance Group](#)



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Questions? Comments?



Thank you for your ongoing commitment to the ESRD community!

For more information, contact:

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