Practices To Help Keep You Safe While Traveling To Your Healthcare Provider

In an emergency, transportation to and from your healthcare provider may be disrupted. This situation may be made more difficult if:

- You are wheelchair bound.
- You require a stretcher.
- Your regular dialysis clinic is not open/operational.
- Public transportation is not available.
- You do not currently have insurance coverage. under Medicare or Medicaid.

TRAVEL SAFETY DURING AN EMERGENCY

- If you know your transportation may be affected by an emergency, communicate with your care team to form a backup plan.
- Make sure you have contact information for your transportation provider and your dialysis clinic saved in your cell phone or address book.
- If you are concerned about a possible emergency situation that would delay your travel home, make sure you leave your home with an emergency go-bag and an external battery charger for your mobile device.
- Consider asking a friend, family member, or neighbor to assist you in getting to your dialysis clinic.



• If your family member works and is unable to transport you, talk to your social worker about leave options that may be available to them.



For more information or to file a grievance, please contact us: IPRO End-Stage Renal Disease Network Program Corporate Office: 1979 Marcus Avenue, Lake Success, NY 11042-1072 Patient Toll-Free: (800) 238-3773 • Main: (516) 231-9767 E-mail: esrdnetworkprogram@ipro.org • Web: esrd.ipro.org

This material was prepared by the IPRO ESRD Network Program, comprising the ESRD Networks of New York, New England, the South Atlantic and the Ohio River Valley, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. Publication # ESRD.IPRO-G2-NW-20230406-189. LC / 10/03/23 /V5