

Don't Miss a Minute of Dialysis! (continued)



Stay for Your Full Treatment

- **Why Do I Need to Stay the Whole Time?**
If you don't stay for the full treatment, waste and extra fluids build up in your body. Even if you feel okay now, this can hurt you later.
- **Missing Any Treatment Time Matters**
 - Missing one treatment a month adds up to missing a whole month of treatment each year.
 - Shortening each treatment by just one hour means you miss 36 treatments a year.

Tips to Make Dialysis Easier

- **How to Pass the Time**
 - Bring a book to read
 - Watch your favorite shows or movies
 - Listen to music or podcasts
 - Talk to other patients or staff
- **Can't make it to your treatment due to an emergency or conflict?**
 - Contact your facility so they can help reschedule your appointment.



End-Stage Renal Disease
Network Program

For more information or to file a grievance, please contact us:

IPRO End-Stage Renal Disease Network Program

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