



Transplant Work-Up Appointment Checklist and Glossary

Transplant Center: _____

Transplant Center Coordinator Contact: _____

Dialysis Facility Contact: _____

How to Use This Checklist

This checklist is designed to help you track the tests and procedures your transplant center may require as part of your kidney transplant evaluation. Your transplant team will help you arrange some of these appointments. If you have had any of these tests in the past year, ask your doctor to send those records to the transplant center.

If you are being evaluated at multiple transplant centers, use a separate checklist for each center to keep track of the different requirements.

How to Determine If a Requirement/Task is Needed:

- Use the "Required?" column to check off whether each task is necessary for your case.
- If unsure, ask your transplant coordinator: "Do I need this test or procedure for my transplant work-up?"

Need Help Understanding the Requirements?

Refer to the Glossary of Terms at the end of this document.

For additional questions, contact your transplant coordinator or dialysis facility staff.

continued on next page

Scheduled Appointments

Required?	Requirement/Task	Date of Appointment	Date Completed	Received Records?
	Echocardiogram			
	Electrocardiogram (EKG)			
	Stress Test			
	Dental Exam			
	Colonoscopy			
	Mammogram			
	Pap Smear			
	Pulmonary Function Test (PFT)			
	Prostate-Specific Antigen (PSA)			
	Tuberculosis (PPD) Test			
	Psychosocial Evaluation			
	Abdominal CT Scan			

Appointment Notes and Follow-Up

Other Items (Tests, Vaccines, and Necessary Documentation)

Required?	Requirement/Task	Date Completed	Received Records?
	Pre-Transplant Education		
	Comprehensive Metabolic Panel (CMP) Lab		
	Blood Testing		
	Hepatitis B Vaccine		
	Influenza Vaccine		
	Pneumococcal Vaccine		
	Tetanus Vaccine		
	Cardiac Clearance Letter		
	Prostate-Specific Antigen (PSA)		
	Dental Clearance Letter		

Appointment Notes and Follow-Up

Glossary of Terms

Abdominal CT Scan: A scan that takes detailed pictures of your kidneys and nearby areas to check if your organs and blood vessels are healthy enough for a transplant.

Blood Testing: Laboratory tests that check your blood type, antibodies, and HIV and hepatitis status. These tests are used for organ matching to increase the likelihood of getting an organ offer sooner, and to identify potential risk factors for kidney rejection.

Cardiac Clearance Letter: A letter from a heart doctor stating that your heart is healthy enough for transplant surgery.

Colonoscopy: A test to check for colon cancer or polyps. This test may require sedation.

Comprehensive Metabolic Panel (CMP): A blood test that checks kidney and liver function, glucose levels, and electrolyte balance. This can usually be done at a dialysis facility.

Dental Clearance Letter: A note from your dentist confirming that there are no infections or dental issues that could delay transplant surgery.

Dental Exam: Includes cleaning and checking for gum disease or infections that need treatment before transplant.

Echocardiogram: A test that uses sound waves to create images of your heart to check for heart disease.

Electrocardiogram (EKG): A quick, painless test that records the electrical activity of your heart.

Hepatitis B Vaccine: Protects against a virus that can cause liver damage.

Influenza Vaccine: Updated yearly to protect against new flu viruses.

Mammogram: A test to check for breast cancer.

Pap Smear: A test to screen women for cervical cancer.

Pneumococcal Vaccine: Protects against lung and other infections that are common in people with kidney disease.

Pre-Transplant Education: Virtual or in-person education conducted by the transplant center to help you understand the transplant process, what to expect before and after surgery, and how to take care of yourself with a new kidney.

Prostate-Specific Antigen (PSA) Test: Screens for prostate cancer in men over 50.

Psychosocial Evaluation: Screening to assess mental health and ability to manage post-transplant care.

Pulmonary Function Test (PFT): A breathing test that measures how well your lungs are working.

Stress Test: A test that measures how your heart responds to exertion. It may involve walking on a treadmill or taking a medication that speeds up the heart rate.

Tuberculosis (PPD) Test: A skin test to check for Tuberculosis exposure.

Tetanus Vaccine: Prevents tetanus, a bacterial infection that affects the nervous system.

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