



Hospitalization Risk Assessment

This screening tool may help identify patients at risk for hospitalizations.

Patient Name _____ Date _____

Check all that apply:

Clinical Conditions

☐

Consistently gains excessive fluid weight between dialysis treatments

☐

Multiple co-morbid conditions: diabetes, high blood pressure, obesity, heart disease, chronic obstructive pulmonary disease

☐

Recent or frequent hospitalizations/emergency department (ED) visits

☐

Permanent dialysis catheter

☐

Recent unintentional weight loss

☐

Low albumin as determined by the facility protocol

☐

Increased missed treatments over the last several months

☐

History of falls

☐

Wounds or open sores that do not heal

☐

Nonresponsive to erythropoiesis-stimulating agents

☐

Uncontrolled hypertension



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☐

Changes in mental status or mental decline

☐

Confusion

Nonclinical Conditions

☐

Low literacy

☐

Vision impairment and/or hearing impairment

☐

Lives at home with limited or no family/caregiver support

☐

Needs assistance with medication management

☐

Deals with multiple social determinants of health: financial barriers, transportation, housing, food insecurities

☐

Needs help with activities of daily living: bathing, walking, getting out of bed or chair

If there are multiple risk factors checked, this may indicate the patient is at risk for hospitalization. Discuss this tool with the Interdisciplinary Team during quality meeting or during the patients' plan of care meeting. Also, consider discussing your findings with the family and or caregiver.

Resource

- [A Simple and Cheap Hospitalization Risk Assessment Tool for Use in Hemodialysis Patients](#)