

# Home Dialysis Emergency Quick Guide



## Before an Emergency:

- Keep at least a five-day supply of extra dialysis supplies, medicine, food, and other needed items at home.
- Let your gas, electric, and water companies know you do home dialysis. Ask if they can prioritize you if the power or water goes out.
- PD (peritoneal dialysis): If you use a cycler, make sure you have manual supplies that are not expired.
- Know how to do a manual exchange. Keep your instructions in a safe place where you can easily find them.
- Pack an emergency bag with:
  - » A copy of your dialysis orders
  - » A list of your medicines, including dose and how often you take them (and allergies, if needed)
  - » A flashlight with extra batteries
  - » A phone charger
  - » Snacks and water



## If the Power Goes Out:

- Call your home dialysis nurse. Let them know your power is out and review your emergency plan.
- HDD (home hemodialysis): You might need to go to a dialysis clinic for a while. Have a backup plan.
- PD: If the power is out for a long time, you may need to do manual exchanges.



## If You Lose Water:

- If the water is off but the power is still on, you can still do dialysis—but boil the water first to make sure it's clean.
- Don't use dirty or unsafe water for your machine or supplies.



## If You Need to Leave Your Home (Evacuate):

- Have a plan! Know where your closest shelter is. A medical shelter is best.
- If it's safe, bring your dialysis supplies with you.
- Your safety comes first! If you can't take your supplies, leave them and get to a safe place.



To file a grievance, please contact us:

### IPRO End-Stage Renal Disease Network Program

Corporate Office: 1979 Marcus Avenue, Lake Success, NY 11042-1072

Patient Services: (516) 231-9767 • Toll-Free: (800) 238-3773

Data Management: (516) 268-6426 • Administration: (516) 686-9790

Support Portal: [help.esrd.ipro.org/support/home](https://help.esrd.ipro.org/support/home) • Website: [esrd.ipro.org](https://esrd.ipro.org)



# Disaster can strike fast - be ready!

**Another step you can take is to fill out this wallet emergency card and keep it with you. It is a simple way to keep all your important dialysis and health care team contact information in one easy to find place especially in an emergency!**



## Print Out and Keep in Case of Emergency:

On-call nurse  
phone number:

Vendor  
phone number:

Supply phone number  
(for ordering supplies):

Vendor technical support phone number  
(for machine):

Nephrologist name  
and phone number:

Dialysis clinic name  
and phone number: