

# Thinking About Starting Home Dialysis but Worried About Space?

## You're not alone – and yes, you can make it work!

Choosing home dialysis is a powerful way to take charge of your health. If making room for supplies is the concern that is holding you back, this guide will help!



### What You Actually Need:

- A chair or bed for treatment
- Good lighting
- A standard electrical outlet
- A place for your machine



### Choose the Right Location to Store Supplies & Equipment:

- Store supplies in a clean and dry area
- Avoid garages, bathrooms, or other areas with moisture or extreme temperatures
- Keep supplies away from pets and children



### Did you You Know?

Many patients successfully do home dialysis in small apartments and shared homes.



### Smart Storage Tips Use under-used spaces):

- Tuck away: you can use rolling containers for under the bed storage
- Closets: add shelves or hanging organizers
- Behind doors: Try over-the-door hooks or pocket organizers
- Rolling carts: use for easy access and mobility
- Cover stacks of boxes with waterproof tablecloth and use as your end table
- Stackable storage: think vertically (heaviest on the bottom)
- Use wall shelves or shelving units



### Your Dialysis Team Can Help By:

- Visiting your home to help you plan your setup
- Exploring if you would qualify for smaller more frequent deliveries



Ask your home dialysis team today about storage options that can work in YOUR home!



### You Are in Control:

With a little planning, home dialysis supplies can fit into your life – not take it over. Your care team is here to support you every step of the way!



To file a grievance, please contact us:

#### IPRO End-Stage Renal Disease Network Program

Corporate Office: 300 Jericho Quadrangle, Suite 300, Jericho, NY 11753

Patient Services: (516) 231-9767 • Toll-Free: (800) 238-3773

Data Management: (516) 268-6426 • Administration: (516) 686-9790

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